

TDCAA FIELD HOCKEY Booklet 2021

PART A: SAFETY REQUIREMENTS

Ontario Physical Activity Safety Standards in Education (OPASSE)

All coaches must review and follow the most recent copy of the [OPASSE GUIDELINES](#) for the sport they are coaching (under Secondary, Interschool)

Please take special note of the following requirements associated with:

Risk Management

First Aid

Special Rules/Instructions

Supervision

Coaches Expectations & Qualifications (for further information on sport specific NCCP training, visit www.coach.ca)

Excursion/Permission Forms: [TCDSB](#) [OPHEA SAMPLE](#)

Concussion Awareness and Safety

In accordance with Policy/Program Memorandum No. 158, the TDCAA will follow and support the mandates of Rowan's Law. The following must occur annually, at the commencement of the athletic season:

a) coaches must complete the on-line [TDCAA Coaches Concussion Code of Conduct](#)

b) coaches will have student athletes review and follow a Concussion Code of Conduct:

[TCDSB Student Code of Conduct](#) (in section 8)

[OPHEA's Sample Code of Conduct](#)

c) coaches will provide Ontario Concussion Awareness Resources to student athletes and parents: [Concussion Guides for Athletes and Parents](#)

In the event of a suspected concussion convenors, coaches, and student athletes must follow an established Return to Play Protocol.

Note: TCDSB has established [Concussion Return to Play Protocols](#) for its students and coaches to follow. Non TCDSB participants should reference their Board's or [OPHEA's Concussion Protocols](#)

Coaches may find it useful to have a recognized [Sport Concussion Recognition Tool](#) with them for practices and competition.

Supervision – Visiting Teams

Each school along with the coach should be aware of the local policy in each school regarding visitors.

In situations where teams are specifically bringing fans (fan bus) appropriate supervision from all participating schools that does not include the team coach(es) must be provided. Communication with school administration of participating schools is prudent in these situations.

PART B: FROM TDCAA CONSTITUTION

TDCAA Girls' Field Hockey is an official TDCAA activity. Field Hockey follows OPHEA/OPASSE OFSAA, and the International Hockey Federation (FIH) playing regulations.

REGISTRATION

Schools must register for Field Hockey at the designated time. A school may withdraw its team before distribution of the final schedule. The school will be charged only the \$ 25.00 registration fee.

A school who withdraws its team after the schedule has been distributed will assume the following actions:

- automatic \$100 fine
- automatically ineligible for competition in field hockey the following year. (This can be appealed to the TDCAA executive.)

ELIGIBILITY/TRANSFERS

Eligible Athletes must satisfy the By-laws and Standing Rules as per the TDCAA Constitution.

- All eligibility is completed electronically through Athletic Eligibility List System (AELS) which is coordinated through the OFSAA office. Athletic Directors have the code for their schools to access AELS.
- Eligibility must be completed before the first league game. (It is recommended that registration be completed before first practice). In a single day meet or tournament format , eligibility must be filed at least three days prior to the meet or tournament.
- Athletes as well as coaches must be included on the AELS site.
- Approved transfers are included on the eligibility form. Athletes who have not been approved must not be included until the athlete has been approved.

- All students who transfer into your school (excluding Grade 9-first year of high school) are ineligible for competition for a period of twelve months from the date of transfer. To become eligible, transfer students must complete the “TRANSFER APPEAL FORM” fully and forward to the TDCAA Transfer Chairperson (Lorraine Kelly – Senator O’Connor or Tavia Ferreira – St. John Paul II). An athlete awaiting Transfer Appeal decision is ineligible to play in any games (league or exhibition or tournament). This athlete may practice with the team until the transfer has been approved and the athletic director has been notified.
- An student who transfers into your school in second semester is ineligible to compete in winter sports (Alpine Skiing; Snowboarding; Swimming; Jr & Sr. Girls’ Volleyball, Boys’ & Girls’ Hockey, and Jr. & Sr. Boys’ Basketball even if their transfer is approved.)
- An athlete whose transfer is denied has the right to appeal the decision to the TDCAA Transfer Appeal Board.

ELIGIBILITY/AGE

- Girls only
- Open Grades 9-12
- Eligibility for the TDCAA and OFSAA is based on the athlete’s year of birth. An athlete is eligible to compete in high school sports for five years from the time they entered grade nine and were born in 2000 or later. Athletes must meet both requirements.

There is no appeal to this rule.

Please link to TDCAA website for dates for each new school year.

ELIGIBILITY / ACADEMICS

An athlete must be a bona fide student at their school.

Students With Less Than 22 Credits:

-non-semester schools – must be registered in a minimum of six (6) full day school credit courses.

-semester schools– must be registered in a minimum of three (3) full day credit courses in the semester that Field Hockey takes place (Fall).

Students With More Than 22 Credits:

-non-semester schools – must be registered in a minimum of four (4) full day school credit courses

-semester schools – must be registered in a minimum of two (2) full day credit courses in the semester that field hockey takes place (Fall).

LEAGUE STRUCTURE

- A) **START TIME** – All games shall begin no earlier than 3:30 unless agreed upon by the Principals of the participating schools. All double headers must start no later than 3:30 or earlier if all participating schools are in agreement.
- B) **MAXIMUM NUMBER OF GAMES** - Junior – 16; Senior – 20.
- C) **AWARDS** – In sports where there is less than six teams , only gold medals will be presented.
- D) **DEFAULTED GAME** – If a team defaults a regular season game , they will not be eligible for playoffs . A school may appeal the decision to the TDCAA Executive if there were extenuating circumstances.
- E) **CANCELLATION OF SCHOOL BUSES** – If the TCDSB cancels buses for weather conditions, all scheduled games are automatically cancelled

PART C: SPORT SPECIFIC INFORMATION

FIELD HOCKEY RULES: EXCEPTIONS TO OFSAA AND FIH RULES

Competitions shall be governed by the official rules of the **Federation Rule Book/OFSAA** with the following **TDCAA/OFSAA** exceptions:

Unlimited Players: Teams must have all players on the team roster. All players must be 10m from the sidelines (safety). **OFSAA** team limit is 20 players on the team roster.

Short Corners: The ball must come out of the circle (ball must be controlled/discretion of the ref) and then brought into the circle and shot or flicked on the net.

Substitutions: Unlimited, Both teams must be on the same side of the Field to regulate substitutions

Length of Game: All games consist of two halves of 30 minutes with a five minute half time. Games shall start promptly. A minimum five minute warm up required even if the visiting team is late.

SCHEDULING:

- Schedule will be developed by the convenor.

- A rough copy of the schedule shall be sent to coaches to check for conflicts. Coach and athletic director will have one week to sign off on their schedule.
- A final schedule will be sent to both athletic director and coach.
- No changes will be permitted to the final schedule unless made by the Executive.
- Failure to play a game will result in forfeiture.
- Rescheduling: under these two conditions
 - i Weather or field conditions do not permit the game to be played
 - ii Official does not show up for the game

Defaulted Games: As per the TDCAA constitution. The win automatically awarded to the non-defaulting team. The score will be 5-0 awarded to the non-defaulting team. Any appeals related to the defaulted games must be made to Paul Solarski, Co-executive Director. The team who causes the default shall be responsible for all costs associated with game (referee's fee, field costs,...)

Making Changes to the League Schedule: Please contact the other coach/convenor via e-mail/phone to confirm the new date and time. The convenor will confirm the new date, location and referee.

OFFICIALS: At least one certified official must be provided. In case of game cancellation, the umpires shall be paid if they could not be notified in advance. Each team must bring \$35.00 to each game to pay the umpire (\$70.00 total). There is no change to umpire fees for play-off games. The umpire must sign the game sheet before it is sent to the convenor.

REPORTING SCORES: Both teams must complete the game sheet. Game sheets will be used to keep score. Both teams will notify the newspapers and the Convenor of the game results. The game sheet must be forwarded to the convenor. (fax/e-mail/interoffice).

Results of all games are to be reported by both teams to the following groups within 24 hours of the scheduled game:

- 1) **the Convenor-** annpatricia.fearon@tcdsb.org (416-347-1810)
- 2) **the TDCAA web site** – Joe Sileika – scores@tdcaa.org
- 3) **Peter Morris-** morrisis@sympatico.ca

When reporting score: to your convenor, to TDCAA web site and Peter Morris the following must be stated:

1. Sport Played
2. Date and Location of the Game
3. Girls or Boys
4. Junior or Senior
5. Home Team and Score
6. Visiting Team and Score

*You have until NOON the day following your game to report the scores to the three groups listed above. Peter will always acknowledge receipt of the e-mail
PENALTY- \$20.00 fine will be assessed both teams if the score is not reported.

UNIFORMS: If possible, each team should have a distinctive uniform with numbered shirts. If there is doubt, the **home team** should provide pinnies.

EQUIPMENT: The following is required for each play date:

- Mouth and shin guards must be worn by all players
- Goalies must have correct safety equipment
- Home team will provide a game ball and first aid kit/ice
- Proper field hockey nets should be used when possible
- Fields for playoffs shall be regulation size, must have nets and be properly lined

Start of the game: a five minute warm up even if the visiting team is late.

PLAYOFF FORMAT

The top four teams from each division will advance to the playoffs.

Home team advantage is awarded to the first and second place finishers in each division. However, if proper nets **are not** available:

- 1) the first or second place finisher is given the opportunity to find a suitable playoff site with nets;
- 2) the opponent will be allowed to host a home game provided that proper nets are available

East and West Divisions

Quarter Finals

Game 1: 4th East vs 1st West

Game 2: 3rd East vs 2nd West

Game3: 3rd West vs 2nd East

Game 4: 4th West vs 1st East

Semi Finals

Winner Game 1 vs Winner Game 3

Winner Game 2 vs Winner Game 4

***Championship Game 1st followed by Bronze Medal Game**

Championship Game 1:00pm

Bronze Game-2:30pm

Playoff tie breaking:

- a) The tie will be broken by 2 x 7.5 minutes of overtime with 5 minutes rest
- b) If still tied, 5/5 alternating flicks(Penalty Strokes)
- c) If still tied, sudden victory flicks(Penalty Strokes)

LEAGUE TIE BREAKING PROCEDURES:

In the event of a tie in the final standings, the following steps will be used to break the tie:

- a) head to head
- b) goal differential
- c) goals against
- d) goals for
- e) tie breaking flip of a coin

Medals: Gold, Silver, Bronze

Pennants: Championship & Finalist

SUPERVISION:

For all TDCAA activities, there must be sufficient supervision of players at all times.

- Teams should not arrive at the visiting school before the coach arrives. If the coach is unable to arrive with or ahead of players, the home team should be informed.
- The Coach must remain with players at all times after the conclusion of the game. If players are travelling on TTC/cabs/cars, a coach must remain with the players until all players have safely left the school or boarded the bus.
- If TTC bus stop is some distance from the school or site of the game, the coach must travel with the players and remain with the players until they have safely boarded the bus.
- A game cannot begin unless there is a teacher coach on the bench. A Community coach must be accompanied by a teacher from the school before a game can commence.